

MANAGING RELATIONSHIPS & SOCIAL CONFLICT

What will my student learn in this unit?

The goals of this unit include students being able to:

- recognize when a social conflict is escalating and identify what actions contribute to the escalation.
- describe the different perspectives of the people involved in a conflict.
- apply the four-step conflict resolution process.
- take responsibility for their actions and make things as right as possible.



Practice at Home

Consider asking your student the following questions to deepen their understanding and start a conversation about what they are learning:

- Discuss with your student a time in your life when you were involved in an escalating conflict. What do you wish you had done instead? Ask your student if they are part of a conflict right now that they need help with.
- Share with your student strategies you use to help yourself calm down during escalating conflict. Ask them to tell you any additional strategies they find helpful beyond the ones covered in the lesson.
- Discuss with your student a time in your life when your view of a conflict changed because you were able to see it from another person's perspective. Ask your student if they have changed their view about a conflict lately.
- Discuss with your student a time in your life when you had a particularly difficult time resolving a conflict. How did avoiding blaming language help?
- Ask your student why they think different conflicts need different solutions. Discuss with your student a time in your life when you had to think about the best way to solve a conflict. What did you think about? How did it work out?
- Discuss with your student a time in your life when you had to take responsibility for your role in a conflict. What did you do to make things right and repair the harm?